

# On My Mind Hugh Jackman

The swoon-worthy star of stage and screen (next up: *Real Steel*) talks about family time, becoming the next Paul Newman, and why he'll always take the wheel



## When I do a play or musical, I spritz ...

Tom Ford Grey Vetiver cologne before I go onstage. It symbolizes a special night. That's the feeling I want. Not "Ugh, this is the sixth show I've done this week."

Tom Ford Grey Vetiver eau de parfum spray, \$88/1.7 oz.; sephora.com.



**You'd be surprised to know ...** I'm a certified stunt driver. I can do 360s and slide into parking spaces. In real life I drive an Audi Q7. There's room for the children, but it's got some pickup.



## Best birthday present I ever gave ...

A trip to the Frick Collection art museum in N.Y.C. My son was turning 10 and said, "The only thing I want is to go to the Frick. I've waited my whole life." (Because you can't get in until you're 10 years old!)



Laughing Man Home Blend, \$12; livelaughingman.com.

## I love coffee so much ...

I roast my own. And this month I'm launching a coffee company, Laughing Man. I'm doing it like Paul Newman—giving all the profits away.



## My morning medicine is ...

Half a liter of still water, then some hot water with lemon. A doctor friend who deals with issues downstairs, like UTIs, says that if everyone drank those two things, he'd be out of a job.

**"I'm totally addicted to the Plants vs. Zombies app. Oh my god, it's a great game! I spent three hours on a plane playing that thing."**



## My next family vacation ...

To the Nordic fjords. I just finished Roald Dahl's autobiography, *Boy*. He talks about his summers on the fjords. It sounds like an amazing place to take your kids.

## HUGH'S HOTNESS EQUATION

IT'S QUITE SIMPLE, REALLY. JUST DO THE MATH



**1** the setting on his Wahl Peanut electric razor for that perfect scruff



**7** minutes, two days a week, on a rowing machine to sculpt his abs



**2** adorable kids—Ava, 6, and Oscar, 11. 2 cute 4 words!