

THE NEW SKIN-CARE SOLUTIONS

Exactly what to try, buy, and even read for your best complexion ever. By Megan Deem



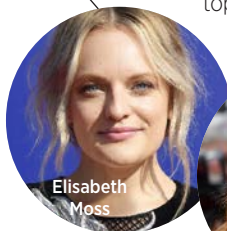
Georgia Louise
Hollywood EGF kit, \$395

BLEMISH BREAK-THROUGH

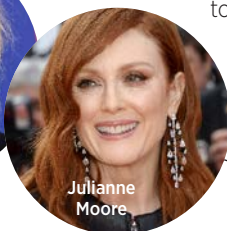
Body breakouts can be tricky to treat, but there's a novel solution: Aklief, the first new retinoid FDA-approved for acne in 20 years. In addition to the face, the cream is formulated to target blemishes on the chest, shoulders, and back. Even better, "it's thought to be more effective than previous retinoids," says New York dermatologist Joshua Zeichner, M.D. "It's also associated with fewer side effects, such as redness and peeling." For those who prefer an OTC approach, Naturopathica's anti-acne range combines detoxifying botanicals like chlorophyll with blemish eradicators like salicylic acid.



Naturopathica
Colloidal Silver & Salicylic Acid Acne Clearing Cleanser, \$38



Elisabeth Moss



Julianne Moore

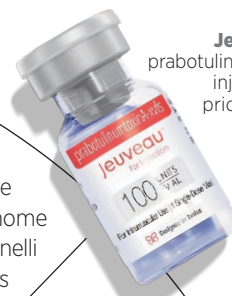
THE NEW GUIDE FOR GLOWING SKIN

Celebrity aesthetician Joanna Vargas is known for her radiance-boosting facials and VIP clientele (Julianne Moore and Elisabeth Moss are fans). In her new book, *Glow From Within*, Vargas spills her top skin-care secrets, from which face oils to use (she's big on jojoba) to what to eat for clear skin (vitamin B2-rich leafy greens can curb breakouts, she says).



HOT AT-HOME TREATMENT: MICRONEEDLING

Microneedling has crossed the line from trendy to tried-and-true treatment. "Through microneedling, we create micro injuries to the dermis that stimulate collagen and allow ingredients to penetrate the skin more deeply," says Miami dermatologist Joely Kaufman, M.D. While there are a lot of in-home versions, we're partial to the new Hollywood EGF kit from Georgia Louise Vassanelli (Jennifer Lawrence's go-to facialist). Vassanelli's tool uses disposable needle tips (to ensure sterility), and it also comes with a potent peptide serum. Still, don't go overboard. "Some skin types don't respond well to multiple injuries," says Kaufman. "Overdo it and you could see hyperpigmentation." Limit your sessions to once a week.



Jeuveau
prabotulinumtoxinA-xvfx injection, price varies

SHOULD YOU TRY #NEWTX?

Botox has long been the gold standard in neuromodulators, drugs that prevent muscle contraction—and therefore wrinkling. Now, in addition to Dysport and Xeomin, your doctor has another choice: Jeuveau. Dubbed #newtox, it lasts about as long as the others (a few months). What's nice about Jeuveau is that "it tends not to diffuse once injected," says Amy Wechsler, M.D., a New York dermatologist. "That could mean it's good for areas where you don't want it to spread, like the brow." In any case, Wechsler says it's best to let your doctor decide which injectable is right for you.

TREND ALERT: SINGLE-DOSE SKIN CARE

Ampoules are having a moment in beauty right now—the single-use pods deliver a surge of concentrated ingredients. We love L'Oréal Paris Revitalift Derm Intensives 1.9% Hyaluronic Acid Ampoules. Each perfectly proportioned dose contains a high percentage of dermatologists' favorite hydrating molecule, hyaluronic acid. Expect plumper, prettier skin after one use and more dramatic benefits after seven days. ■



L'Oréal Paris
Revitalift Derm Intensives 1.9% Hyaluronic Acid Ampoules, \$29.99 for seven

CLOCKWISE FROM CENTER: MARIE BÄRSCH/BLAUBLUT-EDITION.COM; STEPHANE CARDINALE-CORBIS; CORBIS VIA GETTY IMAGES; FRAZER HARRISON/GETTY IMAGES; STILL LIFE: COURTESY