Actress, singer, and new Nars collaborator Charlotte Gainsbourg explains the French-girl way.



Hallotte Califebourg for Hars AN Policies Com CHAPORE Cainstour for the Paraco Smaller Mives Crone (\$8, at drugstores) 74 glamour.com

y favorite look on a woman: I would love to say waking up in the morning, but that only works until you're 30. Then it's a little more difficult. But my favorite thing is to feel emotions, so a look that translates what's going on inside—maybe something a little disheveled, a little flushed. My dream products: The first thing I asked Nars for was something to camouflage red spots and dark circles, but in a very, very light, nonobvious way. They came up with the Hydrating Glow Tint [\$36, narscosmetics.com]. But I think flushing is very real and linked to emotion; I like it. Redness makes your skin alive. The Multiple Tint [at left] highlights your cheeks and other areas, but it's also very transparent and you can make mistakes with it. My take on French-girl beauty: It tries less; there's always this idea of being natural. My mother [actress Jane Birkin] talked about the sixties as a stupid experience, putting too much on and trying to all look the same. I'm not sure I agree, but the principle makes sense—and I always look much older with a lot of makeup on; it never suits me! On so many early photo shoots, I had to take everything off—the transformation was never me. My father [singer Serge Gainsbourg] taught me gestures. He had poses he liked. I would imitate him! My morning routine: I keep it very, very minimal. I mist on Evian or Avène water spray, tissue it off, and add moisturizer. That's it. And I brush my teeth. My French pharmacy favorites: I always come back to pharmacy products. My mother used Embryolisse cream all the time, and it has a smell that I love. I love the smell of the original Nivea cream [bottom left] too. It's one of the oldest products we have and extremely French. My barely there lip tint: I found this Rosebud lip balm [top left] in America. I love that it's not sticky or too shiny. My must-do beauty treatment: My shower can transform into a steam room—it becomes this wonderful hammam. I do that maybe once a week. My going-out makeup look: Eyes are really the only thing I can do, so a smoky eye with slate gray or moss green liner. Lipstick doesn't suit me, so I leave my mouth bare. My beauty icon: It's difficult not to say my mother. For me, it's so obvious. She's on a pedestal to me. As an adolescent, I felt the need to destroy all I came from. But now that I'm a little freer, I'm even more conscious of who she is. She objectively deserves that pedestal. —as told to Megan Deem

GAINSBOURG: STEVEN PAN/MANAGEMENT+ARTISTS/AUGUST. SMITH'S LIP SALVE. JOHN MANNO/CN ARCHIVE. ALL OTHER STILLS. JOSEPHINE SCHIELI